

COMMISSION ON AGING MINUTES, APPROVED, November 18, 2014 MEETING

Draft unapproved: September 9, 2014, approved November 18, 2014

To: All Commission on Aging Members

Re: September 9, 2014 Meeting

Members Present: Claudia Giuliatti, Joseph P. Villano, Rodger Salman, Anthony Pacileo, Alan Fontana

Members Absent: Donna Levine, Katherine Lofquist, Frank Contento, Sr

Staff Present: Judith Amarone, Director, North Haven Senior Center

- Ellen McDonald, Recording secretary

The meeting was called to order at 6:10 p.m. on Tuesday, September 9, 2014, on a motion by Rodger Salman and a second by Anthony Pacileo. The minutes of our last meeting on May 20, 2014 were approved on a motion by Rodger Salman and a second by Joseph Villano.

Commission on Aging

Directors Report

September 9, 2014

Directors' Report-May, June, July, and August 2014

Programs, Presentations, and Trips

May 8: Dinner, Movie and Dessert Walk in Collaboration with One Book One Read

May 9: Mother's Day Tea and Treats

May 10: Senior Center Making Crafts with Children at Town Library in Collaboration with One Book One Read

May 13: Professional Storyteller

May 14: Presentation: Keeping Strong: Food and Fitness Presented by VNA Community Healthcare

May 15: Hula Dance Lessons for all in preparation of the Tri Town Hawaiian Dinner Party Scheduled for June

May 19: Breakfast Adventure: Breakfast Nook Trip with Seniors

May 20: Celebrating Memorial Day Picnic and Sing Along

May 22: Presentation: Animal Haven – Advantages of volunteering and helping your community.

May 27: In honor of Older American's Month, Mother's Day, and Memorial Day free ice cream all day at the Center.

June 11: Presentation: Cooking for One on a Budget, presented by the VNA Community Healthcare

June 11: Purple Red Hatters Spring Luncheon

June 12: Welcome Breakfast for all of our newer members of the Senior Center

June 13: Hula Skirts and Leis in the Making

June 13: Hot Dog Fridays

June 17: Tri-Town Hawaiian Luau

June 19: Father's Day Breakfast

June 20: Hot Dog Fridays

June 24: Trip: Mohegan Sun

June 26: Presentation: What is Normal Aging Part II? Presented by Dr. Susan Varrano

June 26: Lunch Bunch: Longhorn Steakhouse

June 26: Bocce and Burgers

June 27: Hot Dog Fridays

June 28: Outdoor Tag Sale

July 3: 4th of July Party

July 9: Purple Red Hatters Movie & Lunch

July 11: Hot Dog Friday

July 15: Professional StoryTeller

July 16: Presentation: Recipe for Healthy Stress Sponsored by: VNA Community Healthcare

July 17: Coffee Hour and Conversations with the Veterans

July 22: Presentation: Vitamin and Minerals presented by FSW Dietician

July 23: National Ice Cream Day

July 24: Mini Trip: Universal Drive

July 24: Horseshoes and Hot Dogs

July 25: Hot Dog Friday

July 31: Lunch Bunch: Giulio's Pizza

August 6: Lucille Ball's Birthday; trivia and desserts served to all throughout the day

August 8: National Ice Cream Day; seniors had the opportunity to make their own ice cream/cookie dessert

August 13: Presentation by Rite Aid Pharmacy introducing their mini health clinic along with new home delivery prescription service, free of charge.

August 15: National Hoagie Sandwich Day: Seniors made their choice of sandwich and gathered together for an afternoon of fun.

August 20: Presentation by Mary Wade of New Haven, informing seniors of options for self or family members; short term rehabilitation, respite for loved ones, adult day services, and transportation.

August 22: Bocce Tournament vs. Wallingford, Annual friendly competition among the two towns. Seniors play Bocce and enjoy lunch together.

August 26: Ladies night out at Ludal's. This is the third year that this event is offered. Transportation is on your own and is very popular even with our active 90 plus year olds. Men are invited as well however to date only the ladies take advantage of the event.

August 28: Lunch Bunch at Buffalo Wild Wings

August 29: Annual Bocce Tournament with Town Department Heads and seniors.

Community Fund Raiser

During the month of August the Centers' parking lot housed a bin for Goodwill Industries and collected 416 pounds of clothing. All clothing collected will support the efforts of the Good Will Industry.

Donation

North Haven Rotary Club generously donated two new picnic tables to the Center. The tables are in the Bocce court area and greatly appreciated by all.

Staff

On June 19, Susan Jung completed and passed her QFO; Qualified Food Operator certificate, with the National Registry of Food Safety Professionals. Food service certification helps to ensure that food service operators take proper precautions to minimize the spread of food-borne illness. This includes storage and handling of inventory, temperature control such as protocols for heating and cooling, and procedures for cleaning and sanitizing surfaces and equipment. To date both myself and Susan are certified to manage the kitchen if need be in absence of the café' manager if necessary.

In August, I successfully completed the Choices Exam for the State of CT; **C**onnecticut's program for **H**ealth insurance assistance, **O**utreach, **I**nformation and referral, **C**ounseling, **E**ligibility **S**creening. CHOICES Counselors are required to take the exam every two years and pass with a grade of 90% or more.

The CHOICES Program:

- Provides information to persons age 60 and older and persons with disabilities.
- CHOICES counselors provide information and assistance about Medicare and other related health insurance options including:

Original Medicare

Medicare Rx

Medicare Supplement Insurance
(Medigap)

Medicaid

Medicare Managed Care (HMO) Insurance

Long Term Care Insurance

As a CHOICES counselor residents in Town have a “one-stop shopping” for an information source for services available to older adults. Referrals are made to appropriate agencies are another offering which enables individuals to access needed services. Direction to local service providers who can specifically address any one of the following problems or concerns that older person/s and their families may be encountering:

Adult Day Care	Financial Assistance	Home Care
Respite Care	Legal Assistance	Nursing Homes
Housing Options	Elder Abuse	Transportation

Choices counselors provide information and preliminary screening for more than 20 federal and state benefit programs. Actual eligibility determinations for benefits and programs can only be made through a formal application process with the appropriate federal, state, or local agency managing program. Programs include: Supplemental Security Income; SSI, Medicare Savings Program, Medicaid, and CT Home Care Program.

Buses

To date there are two bus driver part time positions open. The criteria to be considered for this position must have a CDL license with a passenger endorsement along with good health having to pass a physical which is required to hold a CDL. During this time members who drive have been asked to do so, and for those that solely depend upon the Town transportation have not been denied transportation. In addition to Town transportation seniors have the option of utilizing Greater New Haven Transit District, Mary Wade, Lina (Free Medical Transportation for those on Title 19), Life Time Care at Home, and Interfaith Volunteer Organization.

Respectfully submitted;

Judith Amarone

Old Business:

It was announced that Committee member JP Morgan had resigned.
Picnic tables donated by the North Haven Rotary Club were delivered and well received.

New Business:

Commission member Anthony Pacileo is resigning immediately as he is an official resident of FL and no longer a resident of CT. He will submit a letter of resignation. Claudia Guilietti will speak with First Selectman Michael Freda regarding a replacement for resigned committee members; JP Morgan as Clergy along with Anthony Pacileo.

Alan Fontana suggested publicity for the Bocce Champions after North Haven reclaimed the trophy from Wallingford Senior Center. Our members also won against our Department Heads at the annual picnic. Claudia Giulietti suggested that a photo taken at the Department Head bocce game with everyone seated at the newly donated picnic tables be submitted to The Advisor.

Rodger Salman suggested a Men's Night Out so the question was posed by Judy Amarone as to what the men might enjoy as a night out. Committee members present agreed upon Monday night football at Buffalo Wild Wings in early November. November 3rd is a good date. Judy Amarone will work that into the November calendar.

Housing:

Affordable housing project at Old Clintonville Road and Route 17 discussed but no new information available.

Claudia Guilietti states that Michael Freda has offered to come to a future commission meeting to discuss senior housing developments. Does the Commission want an update? It was agreed to wait until January 2015 meeting perhaps, and see if there are plans on the horizon.

Per Judy Amarone, Stevens Woods, Oakview and Woods Edge Senior housing have open wait lists.

Public Comment: None

Having no further business the meeting was adjourned at 7:30 p.m. on a motion by Joseph Villano and a second by Alan Fontana. The next meeting is scheduled for Tuesday, November 18, 2014 at 6:00 p.m. at the Joyce C. Budrow Senior Center, 189 Pool Road, North Haven. If you are unable to attend the next meeting, please contact the Senior Center at 203-239-5432.